

BRAMSHALL NEWS



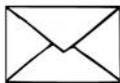
"The Blue Sky of hope as we stay safe"

May 2020



Send your stories, photos and news for the next edition of Bramshall News!

June deadline is Sunday 24th May 2020



Rev John, Bramshall News Interim Editor

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My name is Holly and I am an Assistant Psychologist working with Innovating Minds. Innovating Minds is a non-profit organisation that delivers psychological therapy to adults who are wanting to enter education, employment, or training across East Staffordshire (predominantly Burton on Trent, Tamworth, and Uttoxeter). Our aim is to address difficulties such as anxiety, low self-esteem, and low mood (to name a few) through 8-12 sessions of one-to-one therapy or small group therapy.

Innovating Minds is part of the BBO Evolve Project. We have recently had our contract extended and have taken on an additional Assistant Psychologist. We are therefore looking to spread the word about the services that we offer. We are currently accepting referrals.

Our inclusion criteria is:

- Over 16 years old
- Living in East Staffordshire
- Currently Unemployed
- Wanting to enter employment, education, or training
- Have mild-moderate mental health difficulties (such as anxiety or low mood)

Holly Burton (Assistant Psychologist)
Support Staffordshire Voluntary Services Centre
Union Street, Burton-upon-Trent, DE14 1AA
Tel: 0121 448 4190 mob: 07944 582453
Website www.innovatingmindscic.com
email: holly@innovatingmindscic.com

Uttoxeter Rural Parish Council

Emergency food parcels

There has been a steady increase in the number of people approaching the county council for emergency food parcels. 100 parcels were delivered recently, with the support of iCount volunteers - Details of the help and support available can be found at:

www.staffordshire.gov.uk/coronavirus

Has your school or childcare provider had to close due to the Coronavirus (COVID-19) outbreak? If you need emergency childcare in your local area, we may be able to help.

Please email eeac@staffordshire.gov.uk or call 01785 278 201

Ginny Gibson PSLCC (Parish Clerk)

Letters (see also page 7)

Sir,

One good thing (and there are not many) to come out of the coronavirus crisis is that I have discovered that there is a company that delivers daily newspapers to residences in Bramshall.

I used to collect my daily paper from the Premier shop in Windsor Rd. on the Estate near Weaver Lodge, but as I am in isolation (with a heavy cold) neither Linda nor I are allowed out, certainly not just to collect a newspaper. The Times were advertising an offer to supply vouchers to deliver newspapers free for twelve weeks because of the lockdown, providing there was a newsagent prepared to deliver to your area. I made the necessary application and there is just one such company, based in Stoke on Trent. The details are as follows:

NEWS TEAM GROUP Ltd.
Cauldon Locks Shelton New Road
Stoke on Trent
ST4 7AA

Website: www.newsteamgroup.co.uk
e-mail: orders@newsteamgroup.co.uk
tel: 01782358998

I am now receiving my papers in my letter box daily!! (Mike Walmsley)

Church News

The Uttoxeter Area of Parishes
Parish Church of St. Lawrence Bramshall

Vicar Revd John Lander
revjls@aol.com 565228

It was with great sadness that we followed the guidelines from the Church of England in temporarily closing the church for all services, visitors, and even for private prayer. As soon as the rules are relaxed, and churches can once again resume their role within community, the closure notices will be removed from the doors, announcements made via social media, and the bells rung in celebration.

100 Club Results: April

1 st	No 147	Tim Brayne	£30
2 nd	No 143	Pat Chesters	£25
3 rd	No 161	Jean Thelwell	£20
4 th	No 110	Helen Corbishley	£15

*“Thanks to Lucy Ewing of T.G. Sargeant & Sons
for drawing the lucky winners.”*

Uttoxeter Area Letter

Dear Friends,

I write this letter at the end of a beautiful day, when the sunshine has lured me into the garden and, as usual, the signs of spring have spoken to me of new life, of death and resurrection, of the unbelievable joy and beauty, which can burst forth from what appeared to be at an end.

Yet we are living with an unbelievable threat to our very existence and the future of our world as the coronavirus spreads with such haste and destruction across the globe. We live with the constant reminder of the latest death toll on our television screens and other media outlets, the threat to the lives of our NHS workers, the loss of employment and possible financial ruin to businesses, all of which exude anything but beauty, hope and peace.

As we celebrate the Resurrection appearances of Jesus once more, albeit in rather different circumstances than in former years, let us rejoice that perhaps, this year, more people will be hearing the joyful message of Easter as the Church makes the most of social media opportunities and is not seen as an organisation which mainly operates behind closed doors.

I have a feeling that, when this pandemic is over, the Church will have a wider vision of its role in society as it encourages our communities to continue their caring role towards their neighbours. I certainly shall renew our commitment to the Street Warden scheme in Checkley parish, where someone in each section of the villages looks out continually for newcomers, shares in the happiness and desperation of its inhabitants and makes the Church visible.

At the end of this month we shall be celebrating Ascension Day, that final resurrection appearance of Jesus; the Area Service should have been at Kingstone on May 21st but maybe we will have to join in with a service on-line this year. The main thing is that we do connect in some way.

You may have heard of a very old legend that speaks the truth, concerning the return of our Lord to heaven. He was asked by the angel Gabriel what plans he had left behind for the continuing of his work. Jesus said, "I have left Peter and James and John and Martha and Mary to tell their friends, their friends to tell their friends, till all the world should know. On being asked what would happen if they forgot or were too busy, Jesus said, "I have not made any other plans. I am counting on them."

So, as we celebrate the Resurrection of our Lord, let us not only rejoice in the good things of life, but also co-operate with him in easing the pain of those around us, as we engage with him in bringing wholeness to human life and hope out of despair.

Love and peace,

Irene Smith (Irene is the Local Vicar at Checkley)

Wanted

Is there anyone in the village who would like to sell me a standard road bike?
Please contact Bill Hilton, Bennett's Lane, Bramshall. 07852 511535

Penny's Recipe of the Month

Chicken Stock

Chicken carcass.
Vegetables.
Seasoning.

Roll on spring/summer.
Keep healthy and well.



This is a very difficult time for giving out recipes when shopping for food is not at its easiest. The great thing is at the moment that our butcher is open and still supplying fresh British meat. On Sunday evening we had chicken which I roasted and served with bread sauce, spring greens, fresh leeks which I sautéed in butter and crème fraiche, and roast potatoes. We shall have plenty of chicken left for Caesar salad and then I shall use the chicken carcass and make stock.

I chicken carcass put into a large saucepan. Any leftover vegetables roughly chopped and put in pan with chicken bones cover with water, add a little salt and bring to a very gentle simmer cover with lid- leave on hob for min 3hrs or more. Do top up fluid if needed. After 3hrs or more drain away the solid ingredients and pour liquid into solid container and allow to cool before freezing. The stock will keep in freezer for four months. Use for making soups or recipes that require stock.

The goodness from doing this stock is that by gentle boiling the nutrients are released and become more available which includes vitamins, amino acids and essential fatty acids making it more healthy than drinking something sweet and sugary. Please don't forget when the weather gets warmer buy some minced beef from the butcher which as you know is cheaper and better than pre-packed mince from supermarket - and make your own burgers with onion, grated carrot, garlic and some grated parmesan cheese.

Penny Gilpin

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Letters (contd.)

Sir,

I would like to congratulate you on the introduction of colour schemes in the Bramshall News. A brilliant idea, which enhances the contents and I am sure it encourages the villagers to read it with a greater interest.

(Anon)

Thought for the Day

Every morning I go out at 8am with Fudge our dog most of the time she takes me and then I go on my own around lunchtime for a circuit of the village as exercise. As hard as things may be with the coronavirus I think how lucky we are in Bramshall - 1st we don't live in a big city, we are surrounded by green fields. 2nd Look at the blossom on the trees it is so magnificent this year. 3rd The daffodils are coming to the end but primroses are out, so many new plants coming into bloom. 4th The air seems so much cleaner and 5th everywhere is so quite apart from the odd car. 6th People are so friendly on my walk round everyone speaks and smiles. Just think if this lockdown was is November it would be dark by 4pm no leaves on the trees no lovely flowers blooming it would feel totally different. I was told on Friday how well I was coping with lockdown seeing I was a social person and liked going out I said how lucky we are to have a garden and a view across open fields and live in a great village - far better than a high-rise flat - no garden no balcony no great community. Lets hope the weather stays great for rest of lockdown and we all keep healthy!!!

Penny

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We look forward to hearing from you.